

**3/7 - FULLY SUBSCRIBED- #401 - Tech Tips For iPhone Users**  
**3/19- POSTPONED #202 - Mary Cassatt in France– This class is now on a NEW DATE**  
**3/22 – POSTPONED #503 - Getting Russia Right – This class is now on a NEW DATE**  
**3/26 – CANCELLED #203 - Gun Litigation / Alex Jones Case**  
**4/4– FULLY SUBSCRIBED -#405 - Beyond Basic Iphone Camera And Photo Editing Apple Iphone Users**  
**4/19 – FULLY SUBSCRIBED #505 - Field Trip: Bruce Museum**  
**5/6 – NEW DATE FOR #503 - Getting Russia Right**  
**5/9 – FULLY SUBSCRIBED #410 – Field Trip: 7 Bridges**  
**5/14 – NEW DATE FOR #202 - Mary Cassatt in France**  
**5/1– CANCELLED #305 - Stamford’s Changing Demographics And The Question Of “Over-Development”**

WINTER/SPRING 2024



**LEARNING IN RETIREMENT INC.**

c/o Temple Beth El  
350 Roxbury Road  
Stamford, CT 06902  
203.350.9752  
[www.lirstamford.org](http://www.lirstamford.org)



# Learning in Retirement

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203.350.9752 • [www.lirstamford.org](http://www.lirstamford.org)

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### Officers:

**President:** Sylvia Romero  
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**LEARNING IN RETIREMENT, INC.** is a non-profit, volunteer-operated organization that provides education and enrichment for retired and senior citizens.

### Continuing this Semester:

- Please enter TBE through the **glass doors only**. This is the entrance off the parking lot. If the classroom is used for lectures, you can choose to walk up the stairs or take the elevator.
- **Glass doors** will be open from 10-10:20 a.m. Please come early so you can socialize and pick your seats. Doors will be locked at 10:25 a.m.
- **Refreshments are not served** but you're welcome to bring your own beverage.
- Classes will run straight through from 10:30 a.m. to 11:30 with Q&A to noon. This includes the lecture and questions/discussions.
- **Masks** optional. We will follow the State Health Department guidelines.
- **Walk-ins for classes will be allowed, but will be charged \$15, which must be paid by check.**
- **Walk-ins will not be permitted for field trips.**

### Registration:

- Go to our website [www.lirstamford.org](http://www.lirstamford.org) to view our full current catalog and to connect to our online registration.
- When ready to enroll – or see a picture and professional bio of the presenter – click the Registration link.
- After enrolling for classes wait for your Registration Confirmation email from LIR.
- You will receive reminders the day before and the day of each class.

### Inclement Weather:

- If Stamford schools are closed due to weather, LIR does not meet and classes will be rescheduled.
- LIR will open as scheduled even if Stamford schools have a delayed opening.
- Check Cable Channel 12 for information or News 12 online:  
<https://connecticut.news12.com/school-closings-closings-delays-and-early-dismissals-41390324>
- You will receive an email from **LIR Info** when a cancelled class has been rescheduled.

### Security:

- Temple Beth El (TBE) doors are now locked at all times and those entering must ring to be admitted.
- LIR will have someone at the door to admit participants 20 minutes prior to scheduled classes (10 – 10:20 a.m.) **Please do not arrive prior to 10 a.m.**
- The glass doors will be locked at 10:25 a.m.
- Everyone is encouraged to arrive on time since latecomers disrupt the TBE office staff.

### Handicapped Accessibility:

- There are no stairs when entering TBE through the glass doors.
- An elevator is available if the lecture is in the upstairs classroom.

### General:

- There are no waiting lists when classes are fully subscribed.
- No refunds for missed classes.
- You will be notified if a lecture is rescheduled or cancelled.
- If registration for any class is too large for our classroom the lecture will be moved to a larger space.

### Communication:

- Please leave phone messages at 203.350.9752.
- Check our website, [www.lirstamford.org](http://www.lirstamford.org) where you can find the latest LIR Catalog.

# WINTER SPRING 2024

February 12 – Eblast and W/S 2024 catalog is available on the LIR website

February 19 – Registration begins

## MARCH

MONDAY	TUESDAY	WEDNESDAY	THURS.	FRIDAY
				<b>1 CLASSES BEGIN</b> <b>Social Hall #501 -</b> Beethoven's Sonatas: A Revolution At The Keyboard – Dr. Gil Harel
<b>4</b>	<b>5 # 201 - The</b> <b>Huntingtons And</b> <b>Their Contribution</b> <b>To The Arts.</b> – Wendy Swain	<b>6 #301 - Norman</b> <b>Lear – Joe Meyers</b>	<b>7 #401 - Tech Tips</b> <b>For Iphone Users -</b> Maggie Kopec & Brian Mahoney <b>Max. 15 participants</b>	<b>8 Social Hall #502 -</b> Election Primaries: Trials And Tribulations – Tom & Steve Gardner
<b>11 Social Hall</b> <b>#101 - James</b> <b>Lapine: A Life</b> <b>Of Creativity</b> – James Lapine	<b>12</b>	<b>13 Social Hall</b> <b>#302 - An</b> <b>Important Topic</b> – Dr. Kevin Buterbaugh	<b>14 #402 - 10</b> <b>American</b> <b>Impressionists</b> – Helane Rheingold	<b>15</b>
<b>18 Social Hall</b> <b>#102 - Nation</b> <b>That Never Was:</b> <b>Reconstructing</b> <b>America's Story</b> - Kermit Roosevelt III, JD	<b>19 #202 - Mary</b> <b>Cassatt In F</b> Susan <b>NEW DATE</b> <b>in May</b>	<b>20</b>	<b>21 #403 - Tech Tips</b> <b>For iPhone Users -</b> Maggie Kopec & Brian Mahoney <b>Max. 15 participants</b>	<b>22 #503 - Getting</b> <b>Russia Right</b> Thom <b>NEW DATE</b> <b>in May</b>
<b>25</b>	<b>26 #203 - Gun</b> <b>Litigation</b> Jones <b>CANCELLED</b>	<b>27 #303 - How</b> <b>Local Government</b> <b>Addresses The</b> <b>Needs Of An</b> <b>Increasingly Diverse</b> <b>Community</b> – Carmen Hughes	<b>28 #404 - How To</b> <b>Protect Yourself</b> <b>From Internet</b> <b>Scams And Fraud</b> – Bruce Eppinger	<b>29 Good Friday</b>

## APRIL

MONDAY	TUESDAY	WEDNESDAY	THURS.	FRIDAY
<b>1 Social Hall</b> <b>#103 - How AI Is Transforming Healthcare For Seniors: Understanding The Potential And Risks</b> – Dr. Mike Behar	<b>2 #204 - Classic Team Rivalries</b> – Bob Huessler	<b>3 #304 - The Three Faces Of Slavery In Connecticut</b> - Dr. Robert Pierce Forbes	<b>4 #405 - Beyond Basic Iphone Camera And Photo Editing Apple Iphone Users - Brian Mahoney and Maggie Kopec</b> <b>Max 15 participants</b>	<b>5</b>
<b>8</b>	<b>9 #205 - Meet Abraham Lincoln- President, Frontiersman And Storyteller</b> – Lou Del Bianco	<b>10</b>	<b>11 #406 - Looted Art Part 1: How Napoleon Changed Museums</b> – Serdar Arat	<b>12 #504 - Atomic Bomb – Japan</b> – Ted Aldrich
<b>15 #104 - Vultures and Birds of Prey</b> – Dr. Kevin Hils	<b>16 #206 - The Age Of Rock: 1930-1980 From Blues To Punk</b> - Brian Q. Torff	<b>17</b>	<b>18 #407 - Looted Art Part 2: Who Gets To Keep It?</b> – Serdar Arat	<b>19 #505 – FIELD TRIP: Bruce Museum</b>
<b>22 Passover</b>	<b>23</b>	<b>24</b>	<b>25 Social Hall</b> <b>#408 - A NEW Important Topic</b> – Dr. Kevin Buterbaugh	<b>26 #506</b> - Giuseppe Verdi's <i>Aida</i> – Dr. Gil Harel

## MAY

MONDAY	TUESDAY	WEDNESDAY	THURS.	FRIDAY
<b>29 Passover</b> <b>#105 – FIELD TRIP: Cove Island Bird Sanctuary</b> <b>10:00 AM –12:00 PM</b> <b>Max. 30 participants</b>	<b>30</b>	<b>1 Social Hall</b> <b>#305 - Stamford's Changing Demographics and "Development"</b> - David Martin	<b>2 #409 - Leonard Bernstein-THE MAESTRO</b> – Zachary Kampler	<b>3 #507 - Korea And A Divided Japan</b> - Dr. Alexis Dudden
<b>6 Social Hall</b> <b>#107 - Getting Russia Right</b> – Thomas Graham <b>NEW DATE</b>	<b>7 #207 - Cutting The Cord</b> – Brian Mahoney	<b>8 #306 - Ha Ha. What Makes Us Laugh</b> – Nancy Limbacher Meyer	<b>9 #410 - FIELD TRIP Seven Bridges</b> <b>12:00 - 2:00 PM</b>	<b>10</b>
<b>13 #106 – Getting Schooled In Baseball's Greatest Rivalries</b> - Kelly Franco Troop, Esq.	<b>14 #202 - Mary Cassatt In France</b> – Susan Courtney <b>NEW DATE</b>	<b>15 #307 - FIELD TRIP: Wolf Conservation Center</b> <b>Max. 40</b> <b>– 12:30 -2:00 PM</b> <b>LAST DAY OF CLASSES</b>	<b>16</b>	<b>17</b>

# WINTER SPRING 2024 CLASSES

## #501 - BEETHOVEN'S SONATAS: A REVOLUTION AT THE KEYBOARD



**FRIDAY - MARCH 1**

**TUITION \$10.00**

Though posterity remembers Beethoven perhaps most saliently as a composer of towering symphonies, he was during his own lifetime known primarily for his skills as a pianist and improviser. His imagination is on full display in the 32 piano sonatas that run the gamut from classically Haydnesque and daring, bold, and abstract works composed later in his life. During the program, **Dr. Gil Harel** will discuss some of the seminal works in the sonata literature, including the famous *Pathetique*, *Waldstein*, *Appassionata*, and Beethoven's final work in the genre, the imposing op. 111 sonata in C minor.

## #201 - THE HUNTINGTONS AND THEIR CONTRIBUTION TO THE ARTS



**TUESDAY – MARCH 5**

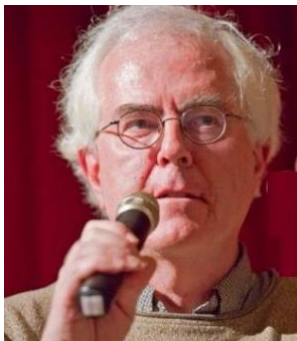
**TUITION \$10.00**

**Wendy Swain** will introduce us to an important power couple of the 1900's, Anna Hyatt Huntington and her husband, Archer Milton Huntington. She, the prolific and innovative sculptor and he, the philanthropist, poet, philosopher, and founder of the Hispanic Society of America. They loved the arts and made their mark in many ways on the arts of the 1900's and today. You will learn their stories before they met and their accomplishments together as a couple.

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To Register or for Catalog updates go to: <https://www.lirstamford.org/>

### #301 – NORMAN LEAR



**WEDNESDAY - MARCH 6**

**TUITION \$10.00**

Film critic and film festival programmer **Joe Meyers** will look at the life and career of the visionary TV producer and philanthropist Norman Lear, who died in December at the age of 101. The Connecticut native changed the course of network TV history when he brought a new adult sensibility to the situation comedy in the 1970s. We will include clips from such landmark series as ‘All in the Family’ and ‘Maude.’

### #401 - TECH TIPS FOR APPLE IPHONE USERS



**THURSDAY – MARCH 7**

**TUITION \$10.00**

For best individual help in this class, registration is limited to a minimum of 12 – maximum 15 participants.

**PLEASE NOTE – THIS IS THE SAME CLASS THAT WAS OFFERED DURING THE FALL 2023 SEMESTER.**

**CLOSED**

Make the most of your iPhone. Learn how to use the Contacts features to store and recall important information. Learn how to find and sort your photos into albums to share with friends and relatives. Learn how to use Calendar to store and recall events, places and notes so you don't need a paper calendar again. Small class size (maximum of 15) for hands on instruction and individual attention. Bring your fully charged phone with you. Taught by

**LIR Board members. See page 18 for more information.**

### #502 - 2024 ELECTION: PRIMARIES, TRIALS AND TRIBULATIONS



**FRIDAY - MARCH 8**

**TUITION \$10.00**

Fresh off Super Tuesday and with several Trump trials underway, **Steve and Tom Gardner** of *Born to Run the Numbers* are back with an assessment of where the 2024 elections stand, with full analysis and commentary.



To Register or for Catalog updates go to: <https://www.lirstamford.org/>

## #101 – JAMES LAPINE: A LIFE OF CREATIVITY



**MONDAY – MARCH 11**

**TUITION \$10.00**

Playwright and director **James Lapine** will tell his story and how he worked as a waiter, secretary, photo journalist, architectural preservationist, graphic designer, college teacher, playwright and screenwriter, stage and film director and is still looking for exciting new projects to pursue.

**James Elliot Lapine** is a Pulitzer Prize and 3 time Tony Award winner for Best Book of a Musical winner.

## #302 - AN IMPORTANT TOPIC



**WEDNESDAY - MARCH 13**

**TUITION \$10.00**

**Dr. Kevin Buterbaugh**, professor of Political Science at Southern Connecticut State University, defers his choice of topic until near presentation time when he will select an important current event.

## #402 - CONVERSATIONS WITH ART: THE “10”-AMERICAN IMPRESSIONISTS



**THURSDAY – MARCH 14**

**TUITION \$10.00**

In 1897 10 painters seceded from the Society of American Artists in protest over the groups increasing focus on “too much business and too little art”. Art Educator **Helane Rheingold** will introduce you to these artists. They were called the “10” by critics. Discover how many of these American Impressionists you might not know.

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To Register or for Catalog updates go to: <https://www.lirstamford.org/>



## #102 - NATION THAT NEVER WAS. RECONSTRUCTING AMERICA'S STORY



**MONDAY – MARCH 18**

**TUITION \$10.00**

Where do American values come from? This class will examine the standard story we tell ourselves to explain who we are—that our values of liberty and equality were stated in the Declaration of Independence, fought for in the Revolution, and made into law by the Constitution written in 1787. It will suggest, to the contrary, that our ideals have their origin in reaction against the world of Founding America and that they find their true expression not in the Declaration and the Revolution but the Gettysburg Address and the Civil War.

**Kermit Roosevelt III, JD** is a professor of constitutional law at the University of Pennsylvania Carey Law School. His most recent book, *The Nation that Never Was*, is a compelling reimagining of the American story.

## #202 - MARY CASSATT IN FRANCE



**TUESDAY - MARCH 19** **CANCELLED** **TUITION \$10.00**

Professor of Theater, Theater Director, Playwright, Actor and Art History Lecturer: **Susan Courtney** will discuss the personal life, art work, and artistic impact of American Impressionist painter, Mary Cassatt.

**NEW DATE MAY 14**

Those that registered for March 19<sup>th</sup> will be contacted with registration options.

Registration is open for those that would like to attend on May 14th and hadn't registered for the original date.

## #403 - TECH TIPS FOR APPLE iPHONE USERS

**PLEASE NOTE – THIS IS THE SAME CLASS THAT WAS OFFERED DURING THE FALL 2023 SEMESTER.**



**THURSDAY – MARCH 21**

**TUITION \$10.00**

For best individual help in this class, registration is **limited to a minimum of 12 – maximum 15 participants.**

Make the most of your iPhone. Learn how to use the Contacts features to store and recall important information. Learn how to find and sort your photos into albums to share with friends and relatives. Learn how to use Calendar to store and recall events, places and notes so you don't need a paper calendar again. Small class size (maximum of 15) for hands on instruction and individual attention. Bring your fully charged phone with you. Taught by **LIR Board members. See page 18 for more information.**

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To Register or for Catalog updates go to: <https://www.lirstamford.org/>

#503 - RUSSIA'S WAR AGAINST UKRAINE



**FRIDAY - MARCH 22** **CANCELLED** **TUITION \$10.00**

This class will explore the causes of Russia's war against Ukraine and its likely trajectory.

**Dr. Thomas Graham** is distinguished fellow at the Council on Foreign Relations and a lecturer on global affairs and political science at Yale University. He is the author of *Getting Russia Right* (2023).

**NEW DATE MAY 6**

Those that registered for March 22<sup>nd</sup> will be contacted with registration options.

Registration is open for those that would like to attend on May 6 and hadn't registered for the original date.

#203 - HOW THE SANDY HOOK FAMILIES EMERGED TRIUMPHANT IN COURT AGAINST REMINGTON GUN MANUFACTURERS



**TUESDAY - MARCH 26** **TUITION \$10.00**

**Attorney Josh Koskoff**, among other things, how he and the legal team at Koskoff Keenan & Associates, P.C. overcame legal roadblocks to suing gun manufacturers, and developed a strategy to hold the gun maker to account for the Sandy Hook tragedy.

**CANCELLED**

#303 - HOW LOCAL GOVERNMENT ADDRESSES THE NEEDS OF AN INCREASINGLY DIVERSE COMMUNITY



**WEDNESDAY - MARCH 27** **TUITION \$10.00**

In addition to the historical and legally mandated responsibilities of Stamford City Government, there are several innovative projects that address the constantly evolving needs of a diverse community. **Carmen Hughes** administers some of those programs. She will discuss their origin, impact and potential new areas of concern and need.

## #404 - HOW TO PROTECT YOURSELF FROM INTERNET SCAMS AND FRAUD



**THURSDAY – MARCH 28**

**TUITION \$10.00**

Computers, cell phones, and the internet have greatly changed our lives. These technologies have also brought us a vast universe of frauds and scams that assault our phones and inboxes daily. This lecture will discuss some of the most common and costly scams and provide strategies to avoid them.

**Bruce Eppinger** is a retired industry analyst with 30 years of IT industry experience. He has a diverse technical and business background in both the software and hardware industries.

## #103 - HOW AI IS TRANSFORMING HEALTHCARE FOR SENIORS: UNDERSTANDING THE POTENTIAL AND RISKS



**MONDAY - APRIL 1**

**TUITION \$10.00**

In this talk **Dr. Behar** will describe how expected advancements in Artificial intelligence (AI) is changing Eldercare in particular and Medicine in general. We will explore AI innovations in areas like: enhanced diagnostics, chronic disease management, fall detection and prevention, social companion robots, drug discovery, and more personalized proactive care. An overarching theme will be "misinformation": Misinformation from, as well as about AI. We will do a live demonstration where we ask an AI to give us medical advice.

Attendees will leave with an understanding of near-future AI technologies that could improve seniors' health outcomes and quality of life, as well as how to mitigate the risks we will face in our AI enabled future. **Dr. Michael Behar** is the founder and CEO of Foresight Technologies Corporation and teaches computer related courses at Conn. State Community College.

## #204 - CLASSIC TEAM RIVALRIES



**TUESDAY - APRIL 2**

**TUITION \$10.00**

The defining moments in sports history often happen during games that transcend normal competition. These are the rivalry games, events that bring out the best in players, coaches and fans. Yankees-Red Sox. Michigan-Ohio State. Yale-Harvard. The list is endless and so are the stories. We'll tell the tales and relive many of the moments that make sports rivalries fun, memorable and unpredictable. **Bob Heussler** is a Connecticut-based sportscaster who has covered events in the state and in the New York City market for over 35 years. He is the longtime voice of Fairfield University

### #304 - THE THREE FACES OF SLAVERY IN CONNECTICUT



**WEDNESDAY – APRIL 3**

**TUITION \$10.00**

What was Connecticut's relationship to slavery? This class will explore this complex and contested history, looking at three key facets: the place of slavery itself, Connecticut's function as a provisioner to plantation societies, and its surprising role as a wellspring of antislavery theory and abolitionist action. **Dr. Robert Pierce Forbes** is head of Yale's department on Slavery, Resistance and Abolition.

### #405 - BEYOND BASIC TECH TIPS FOR APPLE iPHONE USERS



**THURSDAY – APRIL 4**

**TUITION \$10.00**

For best individual help in this class, registration is **limited to a minimum of 12 – maximum 15 participants.**

**PLEASE NOTE – THIS IS THE SECOND CLASS THAT WAS OFFERED DURING THE FALL 2023 SEMESTER.**

**CLOSED**

Make the most of your iPhone. Learn how to Go beyond “point and shoot” to know what your iPhone Camera can do. Small class size (maximum of 15) for hands on instruction and individual attention.

Bring your phone with you. Taught by LIR Board members Brian Mahoney and Maggie Kopec. **See page 19 for more information.**

### #205 - MEET ABRAHAM LINCOLN-PRESIDENT, FRONTIERSMAN AND STORYTELLER



**TUESDAY – APRIL 9**

**TUITION \$10.00**

In this interactive dramatic program, actor-storyteller **Lou Del Bianco** will portray Abraham Lincoln's values... honesty, love of family, thirst for education, sense of justice and perseverance. We will also learn about Lincoln's struggles as President from his suspension of the writ of Habeas Corpus to his stand on Slavery. New light will be shed on his personal struggles as well.

## #406 - LOOTED ART PART 1: HOW NAPOLEON CHANGED MUSEUMS



**THURSDAY - APRIL 11**

**TUITION \$10.00**

**Serdar Arat**, an Emeritus Professor of Art from Concordia College and a working artist will lead us in a two-part study of stolen/looted art.

Artworks have been subjected to looting throughout history, especially during times of war. However, Napoleon Bonaparte's unprecedented looting at the end of 18<sup>th</sup> century and what followed his fall from power, has been transformative in unexpected ways in addition to the expected devastation it caused. We will explore the fascinating stories of some of the most admired artworks, how they ended up where they are today, and the long-lasting consequences of Napoleon's looting,

from the idea of public "universal museums" to the practice of restitution of looted art. You may also want to register for [#407 - LOOTED ART PART 2: WHO GETS TO KEEP IT? - THURSDAY - APRIL 18](#) see page 13 for a description of what will be discussed.

## #504 - ATOMIC BOMB – JAPAN



**FRIDAY - APRIL 12**

**TUITION \$10.00**

The movie *Oppenheimer* has forced us to think about the 1945 realities faced by President Truman and those advising him as the decision was made to use the Atomic Bomb against Japan. What misconceptions have arisen over the years about that fateful decision? **Edward "Ted" Aldrich** will bring us back to when and how the decision was made.

**Edward Aldrich** is the author of *The Partnership: George Marshall, Henry Simson and the Extraordinary Collaboration that Won WWII*.

## #104 - VULTURES AND BIRDS OF PREY



**MONDAY - APRIL 15**

**TUITION \$10.00**

**Dr. Kevin Hils**, the Ornithology Collection Manager at the Wildlife Conservation Society at the Bronx Zoo, returns to talk about vultures, falcons, eagles, owls, condors - the Birds of Prey. Learn about the winged hunters and scavengers who play vital roles in our planet's ecosystems.

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To Register or for Catalog updates go to: <https://www.lirstamford.org/>

## #206 - THE AGE OF ROCK: 1930-1980 FROM BLUES TO PUNK



**TUESDAY - APRIL 16**

**TUITION \$10.00**

Professor of Music, composer and bassist **Brian Q. Torff** will survey the growth and evolution of Rock music from its early blues origins in the Mississippi Delta to the brash sounds of Punk in the 1970's. The artistic contributions of Muddy Waters, Chuck Berry, Little Richard, Elvis Presley, The Beatles, Bob Dylan, Soul and Motown will be analyzed for social and musical impact.

## #407 - LOOTED ART PART 2: WHO GETS TO KEEP IT?



**THURSDAY - APRIL 18**

**TUITION \$10.00**

**Serdar Arat**, an Emeritus Professor of Art from Concordia College and a working artist returns for part 2 of our study of stolen/looted art. As various forms of looting bolstered public museums around the world, they also prompted the idea of moral responsibility and the practice of restitution. Today, the question of who should be the keeper of cultural heritage is once again transforming museums and private collections alike. We will follow the fascinating stories of some of the most admired masterpieces of world art, how they ended up where they are today, and the unprecedented developments concerning museum ownership of

art.

You may also want to register for **#406 - LOOTED ART PART 1: HOW NAPOLEON CHANGED MUSEUMS - THURSDAY - APRIL 11** see page 12 for a description of what will be discussed.

## #505 - FIELD TRIP: BRUCE MUSEUM



**FRIDAY, APRIL 19**

**TUITION \$18.00**

**10:30 AM – Max. 15 participants**

For more information

**CLOSED**

**Participants will be contacted regarding meeting time and place.**

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To Register or for Catalog updates go to: <https://www.lirstamford.org/>

#### #408 - A **NEW** IMPORTANT TOPIC



**THURSDAY - APRIL 25**

**TUITION \$10.00**

**Dr. Kevin Buterbaugh**, professor of Political Science at Southern Connecticut State University, defers his choice of topic until near presentation time when he will select an important current event. **This will be a different topic than the March 13<sup>th</sup> lecture.**

#### #506 - GIUSEPPE VERDI'S *AIDA*



**FRIDAY - APRIL 26**

**TUITION \$10.00**

When Giuseppe Verdi's *Aida* premiered in 1871, the composer was a revered figure who had already contributed nearly two dozen works to the operatic canon. Massive in scope, this 4-act masterpiece has long held its place in the repertoire, having been performed all over the world and sung over 1,100 times at the Metropolitan Opera alone. During this program, **Dr. Gil Harel** will discuss the circumstances that led to Verdi composing an opera on such an exotic subject. We will also consider why the opera succeeded so profoundly and immediately, and how Verdi's gift for setting musical dramas is in evidence throughout.

#### #105 - FIELD TRIP: COVE ISLAND – BIRD SANCTUARY



**MONDAY, APRIL 29**

**TUITION \$10.00**

**10:00 - 12:00 PM**

Registration is **limited to a maximum 25 participants.**

For more information see page 21

### #305 – STAMFORD’S CHANGING DEMOGRAPHICS AND THE QUESTION OF “OVER-DEVELOPMENT”



**WEDNESDAY - MAY 1**

**TUITION \$10.00**

Former Stamford Mayor **David** will examine Stamford’s changing demographics, from post-war boom to the most recent trends, and compare Stamford’s growth to other municipalities in Connecticut. This will serve as a platform to consider operational and economic implications of Stamford’s growth and concerns of potential “Over-Development”. Finally, we will discuss thoughts on Stamford’s current state of development, and the implications of continuing the development/growth trend and increasing population density.

### #409 - LEONARD BERNSTEIN-THE MAESTRO



**THURSDAY – MAY 2**

**TUITION \$10.00**

**Zachary Kampler** music director and conductor, will discuss Leonard Bernstein’s early education, career and those he influenced. You will learn about and discuss what made Leonard Bernstein *THE MAESTRO*.

### #507 – KOREA AND A DIVIDED JAPAN



**FRIDAY – MAY 3**

**TUITION \$10.00**

**Dr. Alexis Dudden** is a professor of history at the University of Connecticut, a regular contributor to NPR, *NY Times*, *Washington Post* and recent fellow at the Woodrow Wilson Center in Washington D.C. (2021-22). Her research concerns maritime Northeast Asia and focuses on: How does history affect relationships between the Koreas and Japan, and impact US efforts to build a Pacific Alliance? How do rifts in Japanese politics influence US and Japanese relations?



## #107 - RUSSIA'S WAR AGAINST UKRAINE



**MONDAY - MAY 6** **NEW DATE** **TUITION \$10.00**

This class will explore the causes of Russia's war against Ukraine and its likely trajectory.

**Dr. Thomas Graham** is distinguished fellow at the Council on Foreign Relations and a lecturer on global affairs and political science at Yale University. He is the author of *Getting Russia Right* (2023).

## #207 - CUTTING THE CORD



**TUESDAY - MAY 7** **TUITION \$10.00**

Have you wanted to cancel your cable TV subscription and wondered what you could save? Do you wonder how you can navigate streaming the programs and movies you want to watch? Learn from fellow LIR member **Brian Mahoney's** first-hand experience how to "cut the cord" and enter the streaming world.

## #306 - HA HA. WHAT MAKES US LAUGH



**WEDNESDAY - MAY 8** **TUITION \$10.00**

What makes something funny? What makes us smile and what makes us downright snort laugh? Master teaching artist, theatre director, performer, improvisational comedy troupe member, and author **Nancy Limbacher Meyer** will explore the elements of comedy, using films (such as the all-time #1 comedy, *Some Like It Hot*), television shows, theatre performances, and real-life experiences. Bring your funny bone, your thinking cap, and your own popcorn.

## #410 - FIELD TRIP: SEVEN BRIDGES



**THURSDAY - MAY 9** **TUITION \$20.00**

**12:00 - 2:00 PM**

Registration is **limited to 20 participants.**

See page 22 for information

**CLOSED**

To Register or for Catalog updates go to: <https://www.lirstamford.org/>

## #106 - GETTING SCHOOLED IN BASEBALL'S GREATEST RIVALRIES



**MONDAY - MAY 13**

**TUITION \$10.00**

Former guest lecturer at the National Baseball Hall of Fame and Museum and a former baseball contributor on CNN's Financial Network, **Kelley Franco Throop, Esq.** is back and invites LIR members to Baseball University to be treated to a course on baseball's greatest rivalries. We will discuss Levels 101, 201, 301, and 401 of the fiercest clashes in the game. There will be pop quizzes and prizes for star students. Of course, we will cover Yankees/Red Sox, but we will also dig deep into other matchups including Dodgers/Giants, Cubs/Cardinals, Ted Williams/Joe DiMaggio and some off-the-field surprises. Bring your favorite baseball cap and your sense of nostalgia. Both casual and serious baseball fans will enjoy this engaging presentation.

## #202 - MARY CASSATT IN FRANCE



**TUESDAY - MAY 14**

**NEW DATE**

**TUITION \$10.00**

Professor of Theater, Theater Director, Playwright, Actor and Art History Lecturer: **Susan Courtney** will discuss the personal life, art work, and artistic impact of American Impressionist painter, Mary Cassatt.

## #307 - FIELD TRIP: WOLF CONSERVATION CENTER



**WEDNESDAY - MAY 15**

**TUITION \$16.00**

**12:30-2:00 PM**

See page 23 for more information

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To Register or for Catalog updates go to: <https://www.lirstamford.org/>

# Specialty Class

PLEASE NOTE – THIS IS THE SAME CLASS THAT WAS OFFERED DURING THE FALL 2023 SEMESTER.

#401 - TECH TIPS FOR ~~IPHONE~~ PHONE USERS

THURSDAY - MARCH 21

TUITION \$10.00

**CLOSED**

#403 - TECH TIPS FOR APPLE iPhone USERS

THURSDAY - MARCH 21

TUITION \$10.00

Make the most of your iPhone.

Learn how to:



Use the Contacts features to store and recall important information.

Use the Calendar to store and recall events, places and notes so you don't need a paper calendar again.

Find and sort your photos into albums to share with friends and relatives,

Small class size, **maximum 15 participants** for hands on instruction and individual attention.

Bring your fully charged phone with you for this hands-on class.



This class will be taught by **LIR Board Members**

To Register or for Catalog updates go to: <https://www.lirstamford.org/>

# Specialty Class

PLEASE NOTE – THIS IS THE SAME CLASS THAT WAS OFFERED DURING THE FALL 2023 SEMESTER.

#405 – BEYOND BASIC IPHONE CAMERA AND PHOTO EDITING APPLE IPHONE USERS

THURSDAY, APRIL 4

TUITION \$10.00

Make the most of your iPhone.

For **Apple iPhone** users only; assumes basic familiarity with iPhone Camera and Photos

Learn how to:



iPhone Camera and Photo Editing

Go beyond “point and shoot” to know what your camera can do

Learn Photo Composition techniques

Manage Photos and use advanced editing capabilities

**CLOSED**

For best individual experience in class, registration is **limited to a minimum of 12 – maximum 15 participants.**

Bring your fully charged phone and charger with you for this hands-on class.



This class will be taught by **LIR Board Members – Brian Mahoney and Maggie Kopec**

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To Register or for Catalog updates go to: <https://www.lirstamford.org/>

# Field Trips

## #505 - FIELD TRIP: BRUCE MUSEUM



**FRIDAY, APRIL 19 TUITON \$18.00**  
**10:30 AM**

Registration **maximum 15**  
participating

**CLOSED**

permanent galleries featuring art that encompass regional to global. The Bruce Museum is accredited by the American Alliance of Museums.

On exhibition when we attend: The extraordinary collection of Greenwich resident William L. Richter. Among the highlights are two promised gifts to the Bruce Museum. Picasso's early still life *Bouquet of Flowers* (1909–10) and a Matisse's *Self-Portrait* (1944)

This will be a Docent led tour.



**E** EASY- this field trip includes a museum gallery and walking for short distances over relatively level terrain, possibly with a few steps.

**YOU MUST CLICK THE WAIVER BOX WHEN YOU REGISTER FOR A FIELD TRIP.**

**Field Trip participants will be contacted prior to the trip with meeting place & time information.**

To Register or for Catalog updates go to: <https://www.lirstamford.org/>

# Field Trips

## #105 - FIELD TRIP: COVE ISLAND – BIRD SANCTUARY



**MONDAY, APRIL 29**

**TUITION \$10.00**

**10:00 - 12:00 PM**

Registration is **limited to a maximum 30 participants**

Take a guided walk through one of Connecticut Audubon's designated Important Bird Areas. See how this Stamford coastal area that was once a debris-strewn dumping ground has become one of the



natural gems of Southwest CT thanks to the vision and continuing hard work of volunteers in partnership with local government. Not only are the Sanctuary and Cove Island Park migratory stopovers for 314 species, but they are also home to some 67 species of butterflies. You'll see the expanding butterfly garden, open fields, shoreline, extraordinary variety of trees, and numerous avian visitors. To get the most from your visit don't forget to bring your binoculars and your cameras.



**MODERATE** -This is a slightly more active field trip involving an increased amount of physical activity such as substantial walking over uneven terrain, or extended periods of standing. Comfortable, sturdy shoes are recommended.

**YOU MUST *CLICK* THE WAIVER BOX WHEN YOU REGISTER FOR A FIELD TRIP.**

**Field Trip participants will be contacted prior to the trip with meeting place & time information.**

To Register or for Catalog updates go to: <https://www.lirstamford.org/>

# Field Trips

## #410 - FIELD TRIP: SEVEN BRIDGES



**THURSDAY, MAY 9**

**TUITION \$20.00**

**12:00 – 2:00 PM**

Registration is **limited to a maximum 25 participants.**

Seven Bridges Foundation promotes art by inspiring young and old artists to enhance their creativity. The foundation houses a collection of modern art including paintings, glass

art, sculpture and photography in a country estate. The property provides a scenic setting to enjoy art by emerging and established artists.

**This visit will comprise a visit to the Sculpture Gardens and Grounds.**

For more information at the foundation's website:  
<http://www.sevenbridges.org>

**M**ODERATE - **S**TRUOUS - This field trip involves standing and walking over an extended period of time. Comfortable, sturdy shoes are recommended.

1. The tour will be largely inside and inclement weather will not be a factor unless there are very high winds or freezing conditions.
2. The grounds surrounding the gallery are **moderate** to **strenuous** terrain to navigate.
3. For those using walkers, there is one shallow step up to get to the main floor of the gallery and then there is an elevator or stairs to bring guests from floor to floor.
4. The floors are made of wood and there are areas made of stone as well.
5. There is seating on each level of the gallery for those needing a rest.
6. *Seven Bridges* will provide water for everyone.

**YOU MUST *CLICK* THE WAIVER BOX WHEN YOU REGISTER FOR A FIELD TRIP.**

**Field Trip participants will be contacted prior to the trip with meeting place & time information.  
Carpooling will be necessary as parking at the site is **VERY** limited.**

To Register or for Catalog updates go to: <https://www.lirstamford.org/>

# Field Trips

## #307 - FIELD TRIP: WOLF CONSERVATION CENTER



**WEDNESDAY – MAY 15**

**TUITION \$16.00**

**12:30-2:00 PM**

Registration is **limited to a minimum 15 - maximum 40 participants.**

The Wolf Conservation Center participates in the federal recovery and release programs for two critically endangered wolf species - the mexican gray wolf and red wolf. The WCC's two 'ambassador wolves' on exhibit where they help teach the public about wolves and their vital role in the environment. Through wolves, the WCC teaches the broader message of conservation, ecological balance, and personal responsibility for improved human stewardship of our World. The program begins in the education building before moving outside to the wolf viewing areas. (<https://nywolf.org/about-the-wcc/about-us/>)



**M**

**MODERATE** -This is a slightly more active field trip involving an increased amount of physical activity such as substantial walking or extended periods of standing. The terrain is flat. Dress as you would for any field trip: sturdy shoes, suntan lotion, mosquito repellent, clothing for whatever the season demands.

**YOU MUST *CLICK* THE WAIVER BOX WHEN YOU REGISTER FOR A FIELD TRIP.**

**Field Trip participants will be contacted prior to the trip with meeting place & time information.**

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To Register or for Catalog updates go to: <https://www.lirstamford.org/>





# Learning in Retirement

c/o Temple Beth El  
 350 Roxbury Road, Stamford, CT 06902  
 203.350.9752 • [www.lirstamford.org](http://www.lirstamford.org)

## REGISTRATION WORK SHEET – (Do not mail this form)

DATE	CLASS	TUITION	TOTAL
Mar 1	#501 - Beethoven's Sonatas: A Revolution at the Keyboard – Dr. Gil Harel		
Mar 5	#201 - The Huntingtons and Their Contributions to the Arts – Wendy Swain		
Mar 6	#301 - Norman Lear – Joe Meyers		
Mar 7	#401 - <b>CLOSED</b> Tech Tips – Brian Mahoney and Maggie Kopec <b>CLOSED</b>		
Mar 8	#502 - Election Primaries: Trials and Tribulations – Tom and Steve Gardner		
Mar 11	#101 - James Lapine: A Life of Creativity – James Lapine		
Mar 13	#302 - An Important Topic - Dr. Kevin Buterbaugh		
Mar 14	#402 - 10 American Impressionists – Helane Rheingold		
Mar 18	#102 - Nation that Never Was: Reconstructing America's Story - Kermit Roosevelt III, JD		
Mar 19	#202 - <b>POSTPONED</b> Mary Cassatt in France – Susan Courtney <b>New date May 14</b>		
Mar 21	#403 - Tech Tips – Brian Mahoney and Maggie Kopec		
Mar 22	#503 - <b>POSTPONED</b> Getting Russia Right – Thomas Graham <b>New date May 6</b>		
Mar 26	#203 – <b>CANCELLED</b> Gun Litigation / Alex Jones Case – Josh Koskoff, Esq.		
Mar 27	#303 - How Local Government Addresses the Needs of an Increasingly Diverse Community – Carmen Hughes		
Mar 28	#404 - How to protect yourself from internet scams and fraud – Bruce Eppinger		
Apr 1	#103 - How AI is transforming Healthcare for Seniors: Understanding the Potential and Risks. – Dr. Mike Behar		
Apr 2	#204 - Classic Team Rivalries – Bob Huessler		
Apr 3	#304 - The Three Faces of Slavery in Connecticut - Dr. Robert Pierce Forbes		
Apr 4	#405 - <b>CLOSED</b> Beyond Basic iPhone Camera And Photo Editing <b>Apple iPhone</b> Users – B. Mahoney and M. Kopec		
Apr 9	#205 - Meet Abraham Lincoln-President, Frontiersman And Storyteller. – Lou Del Bianco		
Apr 11	#406 - Looted Art part 1: How Napoleon changed Museums – Serdar Arat		
Apr 12	#504 - Atomic Bomb – Japan – Ted Aldrich		
Apr 15	#104 - Vultures and Birds of Prey – Dr. Kevin Hils		
Apr 16	#206 - The Age of Rock: 1930-1980 from Blues to Punk - Brian Q. Torff		
Apr 18	#407 - Looted Art part 2: Who Gets to Keep it? – Serdar Arat		
Apr 19	#505 - <b>CLOSED</b> Field Trip: Bruce Museum - 10:30 AM – Max. 15 participants - <b>CLOSED</b>		
Apr 25	#408 - A <b>NEW</b> Important Topic - Dr. Kevin Buterbaugh	10.00	
Apr 26	#506 - Giuseppe Verdi's <i>Aida</i> – Dr. Gil Harel	10.00	
Apr 29	#105 - Field Trip: Cove Island Bird Sanctuary – 10:00 AM –12:00 PM - Max. 30 participants	10.00	
May 1	#305 - <b>CANCELLED</b> Stamford's Changing Demographics and "Over-Development" - David Martin		
May 2	#409 - Leonard Bernstein- <i>THE MAESTRO</i> – Zachary Kampler	10.00	
May 3	#507 - Korea and a Divided Japan - Dr. Alexis Dudden	10.00	
May 6	#107 - Getting Russia Right – Thomas Graham <b>This class has been reinstated /New Date</b>	10.00	
May 7	#207 - Cutting the Cord – Brian Mahoney	10.00	
May 8	#306 - Ha Ha. What Makes Us Laugh – Nancy Limbacher Meyer	10.00	
May 9	#410 - <b>CLOSED</b> Field Trip: Seven Bridges – 12:00 – 2:00 PM – Max. 25 participants		
May 13	#106 – Getting Schooled in Baseball's Greatest Rivalries - Kelly Franco Troop, Esq.	10.00	
May 14	#202 - Mary Cassatt in France – Susan Courtney <b>This class has been reinstated /New Date</b>	10.00	
May 15	#307 - Field Trip: Wolf Conservation Center – 12:30 – 2:00 PM - Min. 15–Max. 40 participants.	16.00	
<b>YOUR TOTAL</b>			

Online Registration will close at midnight the night before each class.

To Register or for Catalog updates go to: <https://www.lirstamford.org/>